



**CANADIAN MENTAL
HEALTH ASSOCIATION**
Edmonton Region

Harley Court Building
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THE HOARDING SUPPORT GROUP

HOARDING 'DROP-IN' SUPPORT GROUP

- *On-going schedule*
- *Bi-weekly – Wednesdays – 6:15 – 8:15 pm*
- *Meetings held at CMHA Edmonton Region
Harley Court Bldg, 10045-111 Street,
ADG Room (Main Floor)*
- *Approximately 2 hours per session*
- *All resources supplied*

A non-judgemental support group designed to encourage you to be inspired and accountable in dealing with your specific hoarding issues

NO COST TO THE PARTICIPANTS -- NO REGISTRATION REQUIRED

Co-facilitated by:
Terri Bailey, B.A. Psychology, M.A. Counselling
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Winter session dates:

***Jan 4 - Jan 18 - Feb 1 - Feb 15 - Feb 29
- Mar 14 - Mar 28 - Apr 11***

Making Mental Health Matter