



**CANADIAN MENTAL
HEALTH ASSOCIATION**
Edmonton Region

Harley Court Building
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THE HOARDING SUPPORT PROGRAM

HOARDING SUPPORT PROGRAM

- *On-going schedule*
- *Bi-weekly – Wednesdays – 3:15 – 5:15 pm*
- *Meetings held at CMHA Edmonton Region
Harley Court Bldg, 10045-111 Street,
ADG Room (Main Floor)*
- *Approximately 2 hours per session*
- *All resources supplied*

The Hoarding Support Program has a structured psycho-educational component as well as an opportunity for participants to support one another. The Program encourages you to be inspired and accountable in dealing with your specific hoarding issues.

REGISTRATION REQUIRED -- REGISTRATION FEE IS \$5.00

Co-facilitated by:
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Winter session dates:

***Jan 4 - Jan 18 - Feb 1 - Feb 15 - Feb 29
- Mar 14 - Mar 28 - Apr 11***

Making Mental Health Matter